

## Appointment Tip Sheet-Allergy

You can expect a thorough evaluation of any concerns or issues related to your asthma and allergies. Please ensure that you bring any related testing previously performed, such as skin testing, laboratory results, pulmonary function testing, and imaging.

1. **Medical history review:** The Allergy provider will start by discussing your medical history, including any symptoms you're experiencing, previous treatments and relevant medical conditions.
2. **Physical examination:** The Allergy provider will conduct a physical examination, which may involve checking your nose, throat, lungs, and skin.
3. **Diagnostic tests:** Depending on your symptoms, the doctor might recommend additional diagnostic tests. These can include skin prick testing, pulmonary function testing, laboratory blood testing, and/or radiographic imaging.
4. **Diagnosis:** Once the examination and tests are complete, the Allergy provider will discuss their findings with you. They will explain any diagnosed conditions or concerns and answer any questions you may have.
5. **Treatment plan:** If a diagnosis is made, the Allergy provider will discuss potential treatment options. This may include medications, lifestyle changes, allergy immunotherapy, and environmental control measures. They will explain the benefits, risks, and expected outcomes of each option.
6. **Follow up:** Depending on the nature of your condition, the provider may schedule a follow-up appointment to monitor your progress or adjust the treatment plan if needed.

Please keep in mind that all appointments are unique, and the specifics may vary based on your individual situation. It is always a good idea to come prepared with any questions or concerns you may have, as this will help ensure a productive and informative visit.